

## **The Enchanted Wood Day Nursery Ltd: Health**

### **Nappy changing**

#### **Policy statement**

No child is excluded from participating in our nursery who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedures**

- All staff are responsible where possible for changing nappies and toileting accidents within their designated group.
- We encourage children from two years to normally start toilet training by wearing pull ups, other types of trainer pants or underwear as soon as they are ready and their parents agree.
- Babies and young children are changed within site of other staff members whilst maintaining their dignity and privacy at all times.
- Our changing areas are warm with safe areas to lay children. Where possible objects of interest are hanging to take the child's attention.
- Each child has their own draw where possible with their nappies or pull ups, creams and changing wipes for those children with allergies, if a draw is not available a basket is provided.
- Staff members where gloves and aprons before changing starts and the areas are prepared. The area is cleaned with anti-bacterial spray after each change.
- All staff members are familiar with the hygiene procedures and carry these out when changing nappies.
- Our staff members never turn their back on a child or leave them unattended whilst they are on the changing mat.

## **Safeguarding and Welfare Requirement: Health**

- All staff are gentle when changing and avoid pulling faces as well as making negative comments about 'nappy contents'.
- All staff do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands and have soap and disposable towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children, as young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and pull ups are disposed of hygienically. All nappies or pull ups are bagged and put in appropriate bins. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the nursery this may constitute neglect and will be a disciplinary matter.