



Health Procedure

Oral health

The setting provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

- Fresh drinking water is always available and easily accessible.
- Sugary drinks are not served.
- In partnership with parents/carers, babies are introduced to an open free-flowing cup at 6 months and from 12 months are discouraged from using a bottle.
- Only water and milk are served with morning and afternoon snacks.
- Children are offered healthy nutritious snacks with no added sugar.
- Advice is given to families within the setting to promote health teeth.
- Activities are set up for the children regularly to promote oral health and talk about the benefits of keeping our teeth clean and healthy.
- Parents/carers are *advised* to stop/ minimise the use of dummies once their child is 12 months old.
- Dummies that are damaged are disposed of and parents/carers are told that this has happened